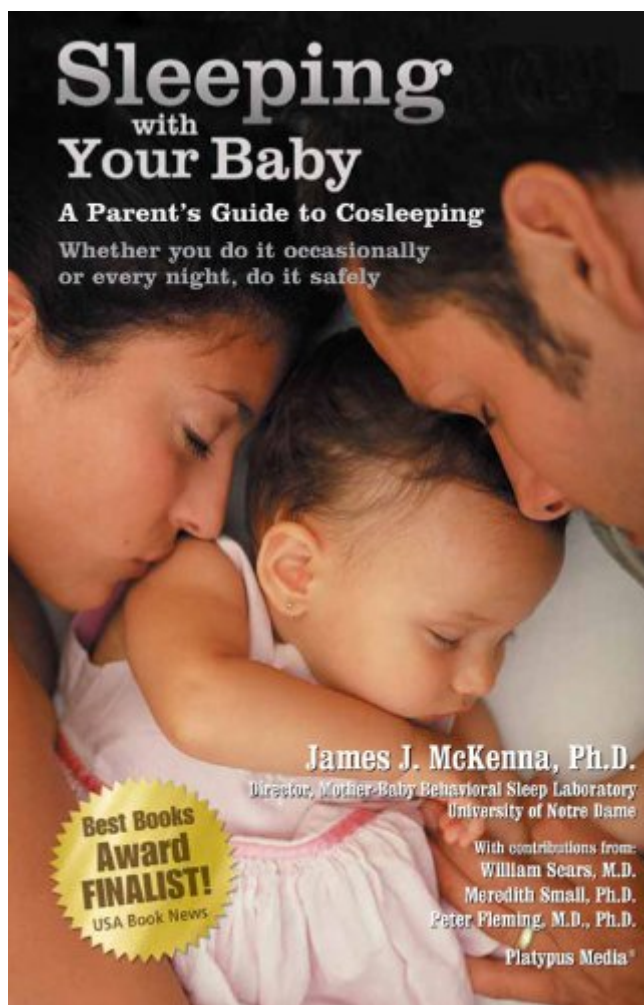


The book was found

# Sleeping With Your Baby: A Parent's Guide To Cosleeping



## Synopsis

This book provides the latest information on the potential scientific benefits of cosleeping. Complete with sections minimizing hazards and risks, this book explains why and how to sleep with your baby.

## Book Information

File Size: 3611 KB

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## Customer Reviews

Good review of the research evidence on the biological needs of infants for parental closeness and responsiveness, and the lifelong benefits to children of co-sleeping. Shows that the custom of infants sleeping alone is peculiar only to western cultures in the last several generations.

This book really opened my eyes to the benefits and normality of co sleeping. The only thing that I wished he emphasized, however, is the safety concern of bedsharing when the infant is being bottle fed. I'm not against it personally but if you see some of his interview videos (specifically the Fox news channel 6 report about bedsharing deaths in Milwaukee, WI) he states that he does not recommend bedsharing for infants not breastfeeding.

This book is very smart, evidence based and informative. If you intuitively feel "the cry it out method" goes against your natural disposition on your child rearing, which is the case for my husband and I, this book will be very supportive and encouraging if you choose to have a family shared bed. It's an important tool that can assist you in your decision to safely room-in or bed-share with your child.

I have been bed sharing with my baby, but because it was easier, rather than because it was the right thing to do. After being conflicted between my wanting to continue to bed share and Dr. Advice to move baby to his own bed, I decided to do some research and found this book. This reinforced my decision to continue to bed share and gave me a great resource to share with other parents, as well as some great talking points to discuss with my doctor.

Great book! I think it's great that finally there is scientific backing to something mothers have always done. Something that comes so naturally and was never questioned until recently by only a small part of the world. Thank you Dr. McKenna!!

This book is excellent. Written with responsibility and depth, it informs as to the science without forcing anything. The author respects and understands that each family is unique. Congratulations Mr. McKenna!

Perfect

Great information on ways to safely co sleep. This book lays out all studies and data on different types of co sleeping, when and how to safely do it in a number of ways.

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Novel (Sleeping Beauty Trilogy Book 1) Swear Word Coloring Book for Parents: Unleash your inner-parent!: Relax, color, and let your inner-parent out with this stress relieving adult coloring book. Baby Signs: How to Talk with Your Baby Before Your Baby Can Talk, Third Edition When Your Parent Moves In: Every Adult Child's Guide to Living with an Aging Parent Baby Names: The Complete Guide To Choose Meaningful Baby Names. Get the Perfect Name For Your Precious Baby (Parenting Book Series) A Parent's Guide to St. Louis (Parent's Guide Press Travel series) Congratulations On Your Baby Girl: An Adult Coloring Book for Maternity and Motherhood with Inspirational Baby Girl Quotes (Creative and Unique Baby ... to Provide Stress Relief During Pregnancy) Congratulations On Your Baby Boy: An Adult Coloring Book for Maternity and Motherhood with Inspirational Baby Boy Quotes (Creative and Unique Baby ... to Provide Stress Relief During Pregnancy) The Best Homemade Baby Food on the Planet: Know What Goes Into Every Bite with More Than 200 of the Most Deliciously Nutritious Homemade Baby Food ... Your Baby Will Love (Best on the Planet) The Ultimate Baby Food Cookbook: Over 25 Homemade Baby Food Recipes Your Baby Won't Get Enough of The Baffled Parent's Guide to Coaching Girls' Lacrosse (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching Tee Ball (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching Youth Soccer (Baffled Parent's Guides)

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